McKinney ISD SHAC Meeting Minutes

September 8, 2016

Attendance: Jennifer Akins, Jean Begala, Julie Blankenship, Rebeka Ecker, Kim Frank, Stephen Issa, Karin Klemm Amy Marland, Gwen Mier, Janet Nelson, James Shoemake, Danielle Stewart, Lynn Sperry, Richelle Terry

Meeting called to order at 6:35pm by Julie Blankenship.

Minutes from April 14, 2016 read, motion made by Danielle Stewart and second by Amy Marland.

Julie introduced Lynn Sperry to the committee as the MISD Board representative.

Jennifer Akins proposed subcommittee for substance abuse prevention.

\*See attached proposal

Lower DAEP admits

Provide family resources

Counselor/staff tool kits

Speakers who can do parent nights

Julie asked who Jennifer wanted on this committee. Jennifer stated she would like to start with staff members then workout to the community.

Stephen Issa stated they had a good parent meeting at Serenity and he will be working with Jennifer to provide sobriety and coping skills during holidays.

Amy Marland made a motion to adopt the subcommittee and Lynn Sperry second the motion and the SHAC committee as accepted the proposal to begin the Substance Use Prevention Committee.

Jennifer also spoke about Coming Together to Care, a suicide prevention program.

\*See attachment

The kit is free, has many resources on line and widely used in the North Tx area.

Jennifer asked the SHAC endorse this program and accept it into the SHAC approved programs.

Julie asked how this works with what we have such as Lifeline, and Jennifer stated Lifeline is a great curriculum for in class use.

This kit offers many more resources and offers a different approach to talk with kids. This is not to replace lifelines. This helps teach elementary age kids about sadness, talking to friends.

Janet Nelson stated that at the elementary level there is a lot of parental awareness. Lynn Sperry asked if the staff as education on how to handle a student who may come to them or notice a problem. Ms. Sperry stated that having someone come in and talk to staff would be a great resource.

Jennifer stated those types of programs are campus based.

Helping teachers learn the trends would be helpful. Jennifer stated that the subcommittee can research and bring forth.

Julie stated we could also look to add certain aspects and training on the yearly staff on-line trainings.

Lynn suggested that some of these resources be made available to parents that can look into these topics on their own before actually reaching out for more help.

Stephen stated having anonymity is very important for recovering from substance abuse. Getting started early in awareness is vital. Sometimes at the high school level it is too late.

Janet asked what other districts are doing around the area, and Jennifer stated that is also a part of the subcommittee to look for best practices.

Stephen shared an event he went to in Frisco where he attended a program for 9th graders much like a scared straight show and he felt it was very effective.

Lynn stated that MISD is one of the only districts in TX that has a school like Serenity High with many success stories serving 15 school districts.

Julie asked if we could vote on Coming Together to Care program motion made by Rebeka Ecker and second by Amy Marland.

Julie stated next meeting is October 13th at 6:30pm at Central Office.

Julie closed the meeting at 7:26pm.