McKinney ISD

SHAC Meeting October 9, 2014

Attendance: Patricia Aranibar, Jean Begala, Julie Blankenship, Shane Cowan, Kim Frank, Tina Granberry, McCrey Guillary, PJ Holland-Rasor, Kathy Johnson, Jaymi Kallman, Karin Klemm, Penny Maple, Michael Mariano, Amy Marland, Kassidy Oberhelman, Stephanie O’Dell, Lisa Rich, James Shoemake, Cathleen Young, Rogelis Morales

Call to Order: 6:32 pm

Minutes approved by: James Shoemake and Kathy Johnson

Julie: reviewed the FDA guidelines of fundraising and food guidelines.

Texas can make rules tighter than FDA – Texas said no carbonated drinks unless 100% fruit juice. There are time and place restrictions – No competing with food services – No fundraising during school day at all. Elementary Includes the time and hour before school.

In MS not for 30 min before or after In HS not where cafeteria can see the store.

MHS moved their store.

MISD has been working on wellness policy for many years. Including not using food in the curriculum- for one reason students with diabetes and food allergies were being excluded from some activities.

Julie dicussed how school/classroom parties have changed in schools.

FFA Legal (red) – SHAC would like to add the wording in red. Want to add the No give away of food. (see document)

Kim Frank asked what the difference is because they are giving away the food. James explained how the FDA regulates food for school districts.

Tina Granberry stated that what she sees Evan MS kids eat for breakfast is all empty calorie foods. James explained that these foods are reformulated for school, despite the name brand labeling. Karin Klemm stated that the teachers and parents need to educate kids about choices, making good choices going forward in life.

Kim Frank feels that we are taking things away from kids, parents are there to allow their children to eat what they are OK with.

Looking at how we can feed our athletes at game day events so that kids can stay on campus, eat a meal before a game etc…

Look to add something under “d” to say include healthy options.

Tina G suggested athletes need to be fed before a game, so going to Subway or McAlister’s those food are not going to meet the Smart Snack calculator – then giving them a footlong sub instead of a half sub with chips and apple.

Karin Klemm stated that the Government has tried to fix the Obesity epidemic in America. It has gone to extremes in situations, but it is our job to help educate families and students on healthy habits.

Cathleen Young asked if Club 360 can withhold recess time for kids that need a punishment. Julie Blankenship said we can look at different ways to offer punishment- and maybe look at taking away physical activity as last resort.

PJ Holland-Rasor stated we had over 1000 students labeled homeless in MISD. Looking to find ways that we could get snack packs to go home with MS and HS students.

Athletes that can’t pay for meals or have the parents that can bring food before a game – Aramark can provide a game day meal for a needy student.

PJ stated that we are doing a Parent event – for parents only – no students allowed.

Ask the Specialist : Drug Awareness Collin College – Rm D 106 Nov. 11 7-8:30 pm

The document regarding FDA guidelines and changes tour current policies will be presented before the board at next meeting – Oct. 28

Meeting Adjourned: 7:50 pm