McKinney Independent School District

School Health Advisory Committee Meeting

Minutes - August 14, 2014

Attendance: Patricia Aranibar, Jean Begala, Julie Blankenship, Shane Cowen, Amy Dankel, Cecil Fueston, Sarah Hull-Ryde, Kathy Johnson, Karin Klemm, Dot Leach, James Shoemake, Sonia Torres, Danielle Stewart, Shannon Biggs, Dr. Kowen

Meeting called to Order at 6:38 pm by Julie Blankenship

Approval of Minutes: Cecil Fueston made a motion and Danielle Stewart seconded the motion to approve the minutes.

Meeting began with discussion about the new Food Guidelines – USDA- Smart Snack

* James Shoemake stated that the school day is defined as 12 AM to 30 minutes after the final bell.
* Competitive foods fundraisers

USDA guidelines want stricter policies than the guidelines by the state. Texas tends to have stricter guidelines than most states, for example, the USDA allows carbonated beverages but TX says ‘NO’. The only carbonated drink allowed is carbonated 100% fruit juice.

State Proposals – Time stamps

* Sarah Hull-Ryde stated, no matter the time anything is sold during school hours on a school campus, that food has to meet smart snack ideas.
* School stores and fundraisers have to meet these standards- there is a Smart Snack on-line calculator to see if what you want to sell is appropriate. The link to the calculator is on the SHAC Wiki.

Right now there are no regulations against a parent buying or bringing in outside food for other students. They may bring their own child food of their choice.

* Julie wants to propose that MISD along with its affiliation with Alliance for Healthier Generation prohibit the giving away of food to other students (not your own children). The exception to that rule would be the 3 waiver days at the elementary level.
* Special Ed would continue to have exemptions to these rules as they are written into a student’s IEP.
* 5 days at Middle School to allow for food events like Muffins with Mom.
* Julie has spoken to MISD Administration about the PTO/PTA members being upset about these new rules. SJMS principal expressed to Julie how these programs help get Dads into the school.
* Currently two of our Middle Schools say they do not sell until after the bell rings.

Nancy Callashaw has restaurants that may want to support High School PTO/PTA run the school stores which is a big money maker for them. This would be something similar to Chic Fil A nights.

Sarah Hull-Ryde stated the rules are very clear about audits – and all schools must be compliant, this includes Concessions, PTOs etc

Julie stated that she spoke to the PTO member who runs the school store at Boyd. She went to look at snacks that meet Smart Snack standards using the on-line calculator. She found 5 snack foods that would fit the standard. This will pose a large problem for the school stores to have a very limited number of items they can sell.

From a food allergy and diabetes student view – these children can be excluded when doing things like field day, holiday party day etc…

Karen Klemm stated that other districts in the area ask MISD what they do about certain situations and look to MISD as a district setting standards.

Kathy Johnson would like to make a motion to make a recommendation asking the school board to limit the distribution of foods to other children (students that are not your own) during school hours. The only exception being the 3 elementary days and still ask for only smart snack approved foods. Cecil Fueston seconded Kathy’s motion.

* Sarah Hull-Ryde stated she would like to see foods that are given away still meet the smart snack guidelines.
* Patricia Aranibar stated that there are many elementary schools that go over the allotted 3 waiver days by having splash days and other grade level events.
* Dr Kowen stated the Kowanas offer pizza for school parties. James Shoemake told him that has been a violation against their financial funding – so they are needing to stop that.
* Foods of Minimal Nutritional Value no longer exists.
* Julie explained how the wellness policy works. And how hard the nurses work to make sure kids with allergies and diabetes are kept safe and can equally participate.
* Wolford is doing Pancakes with Pops and Aramark is providing the food.
* There are new Belgian waffle makers at the Middle Schools.
* Dr. Kennedy wants every school to be a Healthy Zone school.

Kathy Johnson explained that it is very difficult to police what gets brought in. Need to cut down on sharing of foods. At Wolford, the last 2 yrs only a craft has been done for party days no food.

Jean Begala asked James Shoemake if MISD could provide a list to parents of Smart Snack approved foods for those who do not have internet.

Julie demonstrated how to use the smart snack calculator on line.

Vote on the Motion – 8 in favor 3 opposed. Julie asked what else would a school want in addition to the 3 days. Patricia Aranibar would like to see more days so there can be for example popsicles at Field Day.

Jean Begala asked if we can propose simply saying no food at all.

* Julie said McNeil principal said that was the best thing she ever did was say no food period.
* James asked about doing a principal survey – Kathy will put one together and send it out to all Principals.

Julie asked if we can make a motion to just keep things as is and Danielle made a motion to keep the rules as we currently have them, until guidelines from the USDA/Texas are received.

Motion passed All agreed.

Ask the Specialist Night has tentative date of Nov 11, 2014 Drug awareness at the HS

Danielle asked if we were doing EXPO again and Karen stated that each campus will do their own.

Meeting Adjourned: 7:59pm