SHAC Meeting Minutes

May 14, 2015

Attended: Julie Blankenship, Jean Begala, Lauren Hickman, Kathy Johnson, Jaymi Kallman, Karin Klemm, Penny Maple, James Shoemake, Danielle Stewart, Kim Frank, Amy Marland

Meeting called to order at 6:34pm by Julie Blankenship

Minutes from the April 9, 2015 meeting were approved by Danielle Stewart and Kathy Johnson.

James Shoemake and Lauren Hickman present the Executive Summary.

This is the yearly summary of MISD food service.

Lauren Hickman is MISD new Dietitian.

A few food items were presented and members were encouraged to taste them.

Whole muscle chicken nuggets and chicken patty, no pressed meats.

No soy filler beef. Whole Beef.

(See power point)

Lauren spoke about USDA Guidelines that MISD made this year.

Reimbursable Breakfast now includes 1 cup of fruit.

All grains are whole grain, including bread and breading.

1st year to reduce sodium, it is a slow decrease plan over years to come.

Snacks sold in schools- Smart Snack have strict guidelines.

2015-2016 school year will not have any changes, we will continue the same guidelines we are doing and work on the programs we have in place.

Danielle Stewart spoke about tastes and trends.

Secondary school survey of 5,800 students:

Fresh foods wanted

Locally grown foods

Low fat/calorie

70% exercise and part in extracurricular

Want a food court style cafeteria – which we have in the HS

Very customizable dishes like stir fry. The kids pick what they want – they make the choices.

Fast – grab and go options

More likely to try new Italian, Mexican, Asian

Fun promotions – Taste it Tuesday, MS Discovery Thursday, Local Product Challenge

MISD won the Cream of the Crop award for their part in the challenge.

Kathy Johnson has seen more students at Wolford ES get more fruits and veggies and not getting the double entre as much.

James Shoemake stated we have introduced more new fruits this year, like grapes, plums, pear, watermelon and grapefruit.

MISD Go App has the menu and nutritional info.

Julie Blankenship reviewed the MISD party day rules we established a few months ago.

These were established for the healthy aspect of it and also to help MISD maintain the Healthy Zone Schools.

More than $100,000 was spent this year getting whole meat chicken and better quality meats.

All in attendance enjoyed sampling the foods provided and spoke highly of the quality and taste.

Meeting adjourned at 7:46 pm. Next meeting will take place on September 10, 2015.