McKinney ISD SHAC Meeting Minutes

October 13, 2016

Attendance: Jennifer Akins, Jean Begala, Julie Blankenship, Peyton Comer, Christy Hayes, Lauren Hickman, Maddison Jackson, Karin Klemm, Amy Marland, Stephanie O’Dell, Naiya Patel, Tony Primerano, Megan Rasberry, Chris Schell, Danielle Stewart

Meeting called to order by Julie Blankenship at 6:34pm

Minutes from the September 8, 2016 meeting reviewed, motion to approve made by Amy Marland and seconded by Danielle Stewart.

On tonight’s agenda we will be looking at a drug awareness program at the middle school level. This program is called “Not Me”; a documentary made from interviews from community, school, police that give perspective on drug abuse.

Winning the fight is an organization started by a family who lost a child to drug overdose.

Jennifer Akins discussed the videos background and we are looking to use this as an effort to raise parental awareness.

Parents are not alone in the process of having a child with drug addiction, and how to go about getting help.

Clips of the 45 min video were view viewed for approval due to content and language.

Jennifer feels this documentary has a very good emotional pull that can open discussion. This documentary does work alongside a panel of people who can answer questions.

Chris Schell, asked Jennifer if after watching this would data be available to the parents to see what the district looks like statistically.

Jennifer stated that yes, some basic info would be available, but to have hard numbers is not available due to self reporting and how data is collected.

See handouts that go alongside documentary and panel discussions, questionnaire and talking points.

MISD goal to market it as a parent evening, however, if a child comes staff can talk to parent to notify about the language and content prior to allowing child to stay.

Karin asked Jennifer about what type of resources are available to parents if this documentary sparks parents to come forward with concerns and wanting to help their child.

Jennifer stated this will be a part of a series of parent educational meetings and each one helps to provide direction to parents.

Amy Marland made a motion and Stephanie O’Dell seconded the motion to approve and bring this documentary to the parents.

Preliminary dates set for November 10 or the 17th at MNHS.

Amy Marland asked how you get parents to consider this when many feel like ‘not my child, not us’ etc….

Jennifer stated that a part of this series is also to give parents a way to reach out to get help and stay anonymous.

Another program that is designed at reaching out to students is called Natural High. This program focuses on using positive things to avoid using substances verses all the negative approaches such as ‘if you smoke this, then this will happen to you.’

See handout with discussion questions and more information.

A short promotional video watched. What’s a Natural High. Many short videos of known individuals that say why they do not do drugs, like sports, education etc.

Jennifer can see these videos as a supplemental aid, a ‘bell ringer’ activity during Red Ribbon Week.

Chris Schell made a motion to approve program and Amy Marland seconded it.

Payton Comer asked a question about how to talk to a friend who may have a drug issue, or starting to be interested in drugs. Jennifer stated going to a safe adult, knowing who you can safely talk to about your concerns with friends. Karin Klemm also commented to Peyton that knowing that these friends are not bad people and that going through hard times is when a friend is needed most, but going to a trusted adult will help you get the information you need.

Julie adjourned the meeting at 7:30pm

Next meeting is January 12, 2017 at 12:30pm with Aramark serving a lunch and we will discuss Wellness Policy.