**What Do SHACs Do?**

The most effective SHACS develop plans that address all eight components of a coordinated school health program.

* Health instruction
* Healthy school environment
* Health services
* Physical education
* School counseling
* Food services
* School site health promotion for faculty and staff
* Parental involvement

**Responsibilities**

* Program Planning
  + Share strategies and problem solve
  + Assess district and community health issues/concerns
  + Facilitate innovation in health education
  + Provide in-service training programs
* Advocating and Promoting School Health
  + Spotlight your SHACS efforts and successes
  + Facilitate understanding between school and community
  + Encourage local business, media, etc. to provide resources
* Fiscal Impact
  + Provide support when making recommendation that have a fiscal impact
  + Consider how to assist schools in raising funds for health education programs
* District Interaction
  + How well does your district address health issues
    - Observe health education classes
    - Examine school lunch menus
  + Meet with appropriate district personnel to discuss issues and brainstorm solutions